

## Ufford Heritage Trail

### 5. Aldgate Meadow

You can find this meadow on your left hand side as you walk out of Ufford towards the railway crossing.

Aldgate Meadow is the last piece of common land in Ufford to be enclosed in 1818. Its Anglo-Saxon name suggests an ancient landing place on the river or the eastern entrance to the village (Aest geat meaning east gate).

Suffolk Punch horses can often be seen grazing here. Those shown in the photo are owned by local farmer John Fleming and his family, who breed them and regularly win prizes at the annual Suffolk Show in Ipswich.

