

In aid of three MND charities

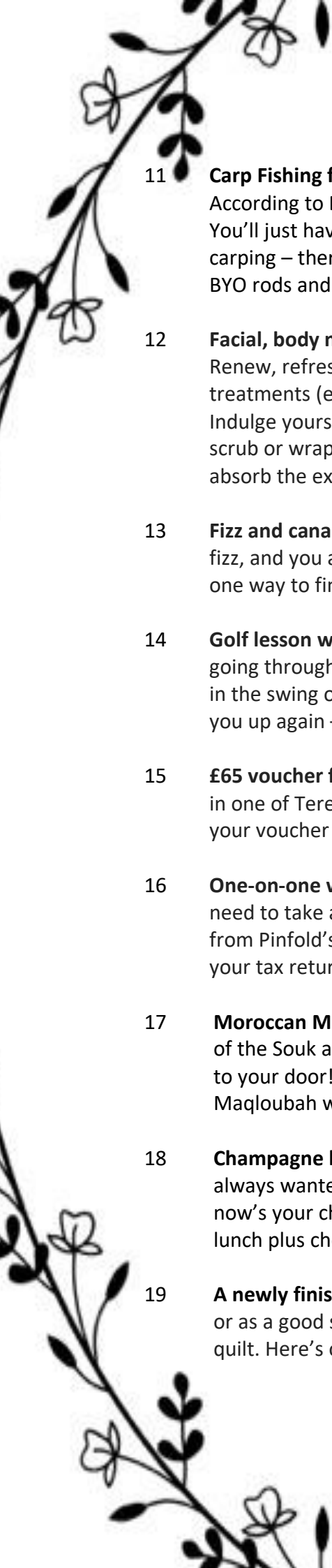
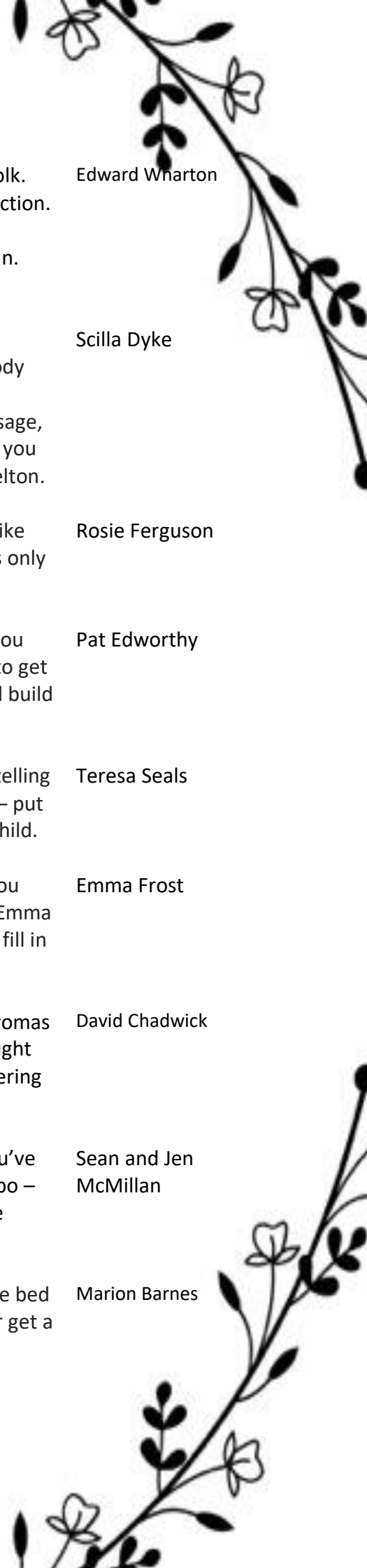
## AUCTION OF PROMISES

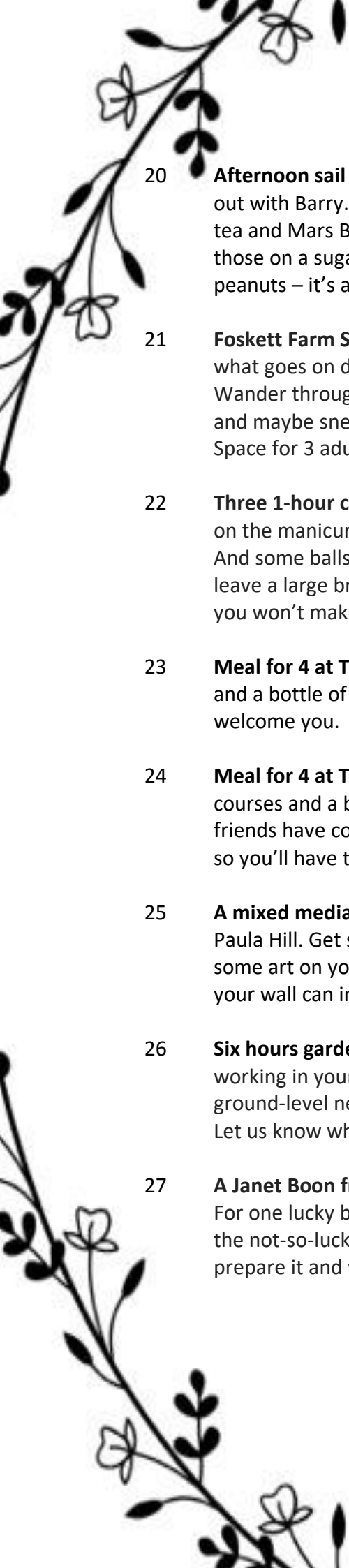
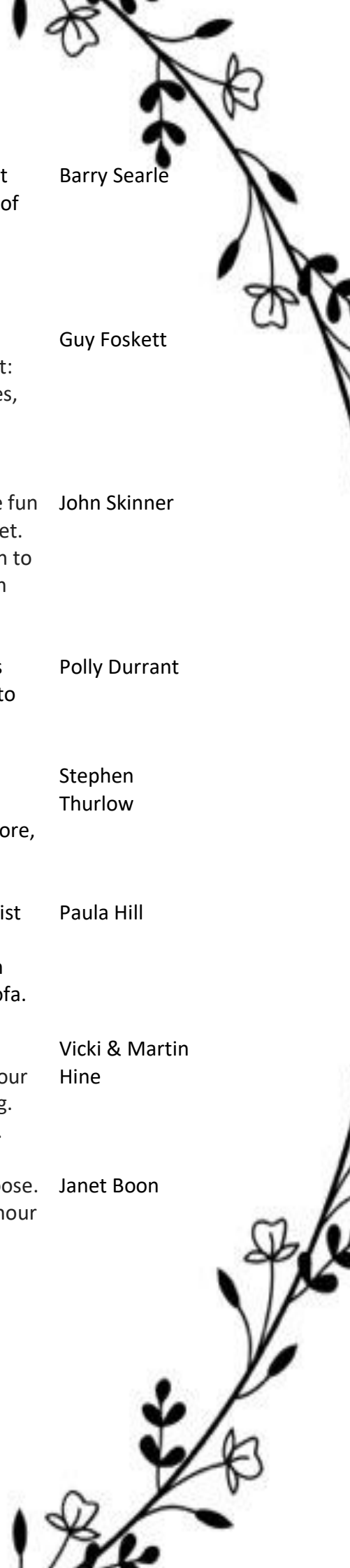
Saturday 22 June 2024

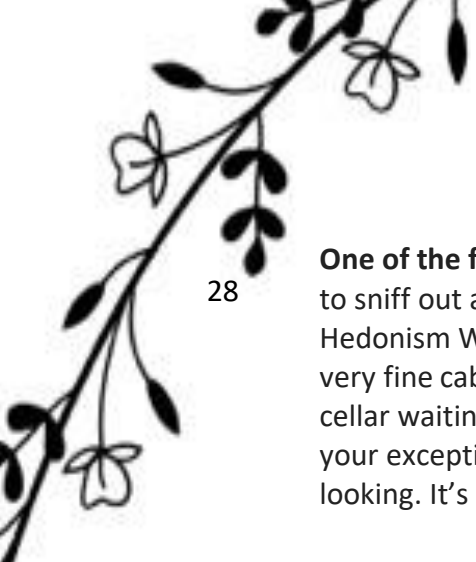
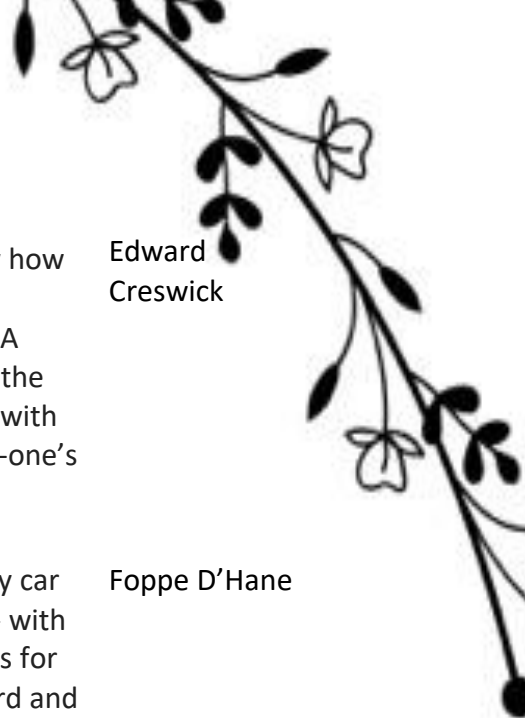

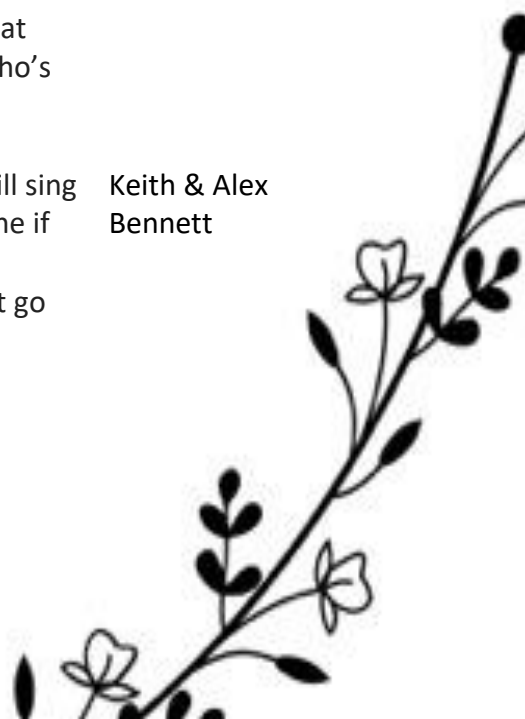
Silent Auction followed by  
Auction of remaining lots during dessert

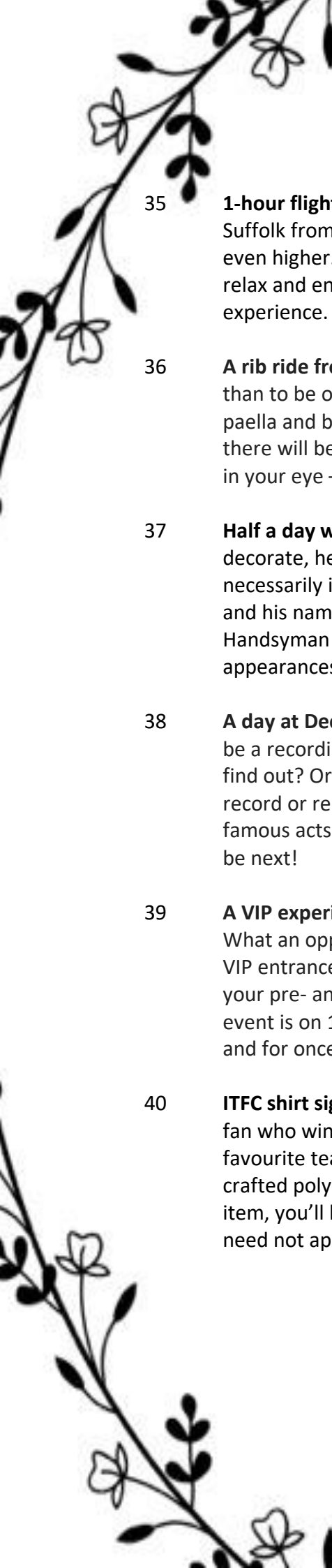
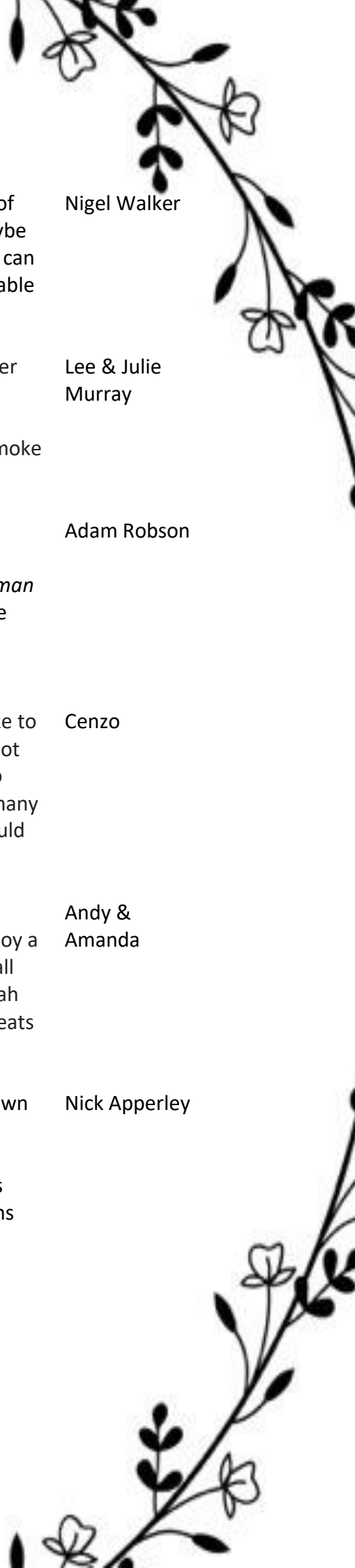
### Catalogue

<u>Lot No.</u>	<u>Description</u>	<u>Kindly Offered By</u>
1	<b>A nutritious tray of organic Veg</b> and 10 kilos of potatoes. Your five-a-day sorted with this green fibrous lot from local farm favourite James Foskett.	James Foskett
2	<b>Sourdough Baking Lesson</b> with Daniel Metz –Learn how to stretch fold and shape under the tutelage of Ufford’s keenest bread baker. (Butter not included).	Daniel Metz
3	<b>Five 60-min chair yoga classes</b> Learn how to stretch fold and shape under the tutelage of Ufford’s keenest yogi Julia.	Julia Pritchatt
4	<b>Five 90-min yoga classes</b> Learn how to stretch fold and shape without the comfort of a chair under the tutelage of Ufford’s keenest yogi Julia.	Julia Pritchatt
5	<b>£40 gift certificate for Cloud 9 Hair Studio</b> , Martlesham – because you’re worth it!	Cloud 9
6	<b>1-litre bottle of 10-year-old Glenmorangie Whisky</b> . A golden liquid with a smooth long-lasting finish. A bit like yacht varnish but with a better aftertaste. Depending on your opinion.	Zena Tibbenham
7	<b>2-hours GCSE or A-level Spanish or French</b> tuition. Ok so the exams are just about over – but why not get a head start on next year’s retakes?	Kate Atkinson
8	<b>A deep-tissue massage</b> with Rob Lambert. Rob’s got big hands and pointy elbows – your back will thank you.	Rob Lambert
9	<b>Wildlife walk with local enthusiast</b> Richard Llewellyn. What Richard doesn’t know about local fauna and flora, he’ll look up in a book for you.	Robyn Llewellyn
10	<b>2 hours of GCSE or A-level Chemistry</b> tuition. Bunsen burners, periodic tables, conical flasks, isn’t it? Get your child some chemical savvy with Jo Cooper in good time for next year’s test.	Jo Cooper

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- 11 **Carp Fishing for 2 at a private Carp Lake** near Acle in Norfolk. According to Edward, this is the biggest lot in the whole auction. You'll just have to take his word for it. But it's not all about carping – there's also tench, perch and roach for the catchin. BYO rods and equipment. Edward Wharton
- 12 **Facial, body massage, scrub or wrap**  
Renew, refresh, revive, relax and renew – the five R's of body treatments (er – that's only four – *Ed.*)  
Indulge yourself with the most wonderful facial, body massage, scrub or wrap. Allow the stress of daily life to drift away as you absorb the exclusive Caudalie potions at R&R Beauty in Melton. Scilla Dyke
- 13 **Fizz and canapes for 4 in Rosie Ferguson's garden** So you like fizz, and you also like canapes. But which is better? There's only one way to find out. Bid! Rosie Ferguson
- 14 **Golf lesson with Woodbridge Golf Club Professional** Are you going through a bit of a rough patch? Or do you just need to get in the swing of things again? Let the pro pick you apart and build you up again – all in the space of an hour. Pat Edworthy
- 15 **£65 voucher for Teresa Seals Art** – Discover the joy of pastelling in one of Teresa's art classes. Or let Teresa take the strain – put your voucher towards a portrait of your favourite pet. Or child. Teresa Seals
- 16 **One-on-one with a tax expert** Everyone keep telling you you need to take a long hard look at yourself? Well - although Emma from Pinfold's can't fix all your problems, she will help you fill in your tax return. That's got to be worth something? Emma Frost
- 17 **Moroccan Meal for 4 delivered to your door.** Aah – the aromas of the Souk and the majesty of the Atlas mountains – brought to your door! Whether a tempting Tagine or a mouth-watering Maqloubah we'll cater to your dietary choices. David Chadwick
- 18 **Champagne lunch** in Sean and Jen's Gazebo. Admit it – you've always wanted to poke around inside Sean and Jen's gazebo – now's your chance. And there's the bonus of a champagne lunch plus cheese and coffee. Sean and Jen McMillan
- 19 **A newly finished Patchwork quilt 72"x54"** ideal for a single bed or as a good size sofa throw. If you want to cosy up, better get a quilt. Here's one we made earlier. Well – Marion did. Marion Barnes

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- 20 **Afternoon sail for two in squib sailboat** Really push the boat out with Barry. There'll be sailing up and down and lashings of tea and Mars Bars. Barry will also consider offering nuts for those on a sugar-free diet. But you won't get this lot for peanuts – it's a sail not a sale! Barry Searle
- 21 **Foskett Farm Safari and reservoir-side BBQ** Ever wondered what goes on down the farm? Here's your chance to find out: Wander through the willows, venture through the vegetables, and maybe sneak a sausage at the reservoir-side barbecue. Space for 3 adults or 2 adults and 2 kids. Guy Foskett
- 22 **Three 1-hour croquet lessons at Ipswich Croquet Club** Have fun on the manicured lawns with 1-3 of your friends. And a mallet. And some balls and hoops. How hard can it be? Hard enough to leave a large bruise on your shin it turns out. But with tuition you won't make that mistake. John Skinner
- 23 **Meal for 4 at The Crown** – Food glorious food – two courses and a bottle of house wine. Polly and Max will be delighted to welcome you. Polly Durrant
- 24 **Meal for 4 at The White Lion** – Food glorious food – two courses and a bottle of house wine. Chef Finn's family and friends have complained that he never cooks at home anymore, so you'll have to outbid them if you want this lot. Stephen Thurlow
- 25 **A mixed media original painting** Clouded Path by Ufford artist Paula Hill. Get some art in your life. More importantly – get some art on your wall. If it's too wet to go out to play, art on your wall can inspire and move you from the comfort of a sofa. Paula Hill
- 26 **Six hours gardening** Two expert and experienced gardeners working in your garden for three hours each. Will meet all your ground-level needs: Lawn cutting, pruning, weeding, shaping. Let us know what you'd like us to do. Will supply hand tools. Vicki & Martin Hine
- 27 **A Janet Boon frozen 5kg turkey** for collection when you choose. For one lucky bidder Christmas has come early. Why not honour the not-so-lucky turkey by considering how you'll lovingly prepare it and with whom you could share it. Janet Boon

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- 28 **One of the finest wines known to humanity.** If you know how to sniff out a classic, you'll be bidding on this bottle from Hedonism Wines: Chateau Haut Batailley 2005, Pauillac. A very fine cabernet sauvignon from Bordeaux, it's been in the cellar waiting for you! Impress your friends and relations with your exceptional good taste – or savour it alone when no-one's looking. It's a corker!
- Edward  
Creswick
- 29 **Ride a vintage Bentley round Suffolk.** The ultimate luxury car trip around the Suffolk countryside in a vintage Bentley. - with the added promise of stopping in a couple of historic pubs for a pint and lunch as the regulars look enviously at your Lord and Lady style mode of transport.
- Foppe D'Hane
- 30 **Baby elephant...made from willow** So you've got the tiger-skin rug. The pith helmet and safari suit may hang unworn in the wardrobe, but there's still more you'd like in your colonial-lite collection. Look no further than this willow baby elephant. It's life-size, ivory-free and as cute as willow weaving gets.
- Janet Slattery
- 31 **One-hour clay pigeon shooting lesson for two** at High Lodge Darsham. In Olympic year why not take up a new sport? After this lesson you'll be able to tell your friends and family you know how to handle a shotgun. Even if your aim is lousy.
- Nick Morrell
- 32 **Weekend for 2 In a Clapham Common** 1-bed apartment. Treat yourself to a weekend in London. Take in a museum, visit the King at home or maybe see a West End Show and finish the evening in fashionable Clapham Common. This flat is so desirable, Rick and Sarah might even bid on it themselves.
- Rick and Sarah
- 33 **Champagne lunch on the Broads** Cruise with Stephen in his vintage wooden boat (c1959). Glug champagne and dine on the beautiful Broads. What's that in the reeds? What's that flying overhead? And if Stephen's pouring champagne, who's at the helm? Look out!
- Stephen  
Thurlow
- 34 **2 sets of Tom Mumford's Musical Entertainment** Tom will sing and play at your event. He'll even learn your favourite tune if you whistle it for him. If you want your party to go with a swing – dig in your wallet for some high notes - this won't go for a song.
- Keith & Alex  
Bennett
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- 35     **1-hour flight round Suffolk in a light aircraft** The majesty of Suffolk from the air. Get really high – as high as a kite. Maybe even higher. And with a qualified pilot at the controls, you can relax and enjoy the sensation of floating on air. An unmissable experience.     Nigel Walker
- 36     **A rib ride from Orford** to Orford Spit. Nothing could be finer than to be on a rib ride to Orford spit. Except if there were paella and bubbles on the beach when you got there! And there will be! Just imagine it – the wind in your hair, the smoke in your eye – and the ricey goodness in your mouth.     Lee & Julie Murray
- 37     **Half a day with The Handy Man** He'll do repairs, he'll decorate, he'll carpent and electrify for you - though not necessarily in that order. Or all at once. He is... *The Handyman* and his name is Adam Robson. Not to be confused with the Handsyman who is temporarily unavailable for public appearances.     Adam Robson
- 38     **A day at Decoy studios to rehearse or record.** What's it like to be a recording artist in a professional music studio? Why not find out? Or maybe sponsor your favourite local artistes to record or rehearse with Cenzo. He's recorded and mixed many famous acts from U2 to Florence and the Machine. You could be next!     Cenzo
- 39     **A VIP experience at Oooh Aaah Events** next show 19 Oct. What an opportunity for one lucky bidder (with guest). Enjoy a VIP entrance, exclusive roped-off seating and a butler for all your pre- and post-performance needs. Our next Oooh Aaah event is on 19 October. Lord it over the folk in the cheap seats and for once in your life be the VIP.     Andy & Amanda
- 40     **ITFC shirt signed by Ed Sheeran** What to say? The lucky Town fan who wins this lot will have a special memento of their favourite team and singer rolled into one piece of factory-crafted polyester. And a word to the wise - if you want this item, you'll have to outbid superfan Paul Rust. Norwich fans need not apply. Blue Army!     Nick Apperley